

# Tahoe Plants = Tasty Teas!

The Sierras are home to many plants that are delicious and beneficial to your health. Learn which native plants are easily grown in the Tahoe garden and can provide homegrown teas for the kitchen. Utilize roots, leaves, and flowers to create your own teas and blends with both native and invasive plants. Bring along containers or bags to take home ingredients and make your own teas.

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LAKE OF THE SKY  
GARDEN CLUB



July  
30

Doors Open: 10:00 a.m.  
Program Starts: 11:00 a.m.

**Tahoe City Demonstration Garden**  
2400 Lake Forest Road  
Tahoe City, California

For more information visit:  
<http://terc.ucdavis.edu/events/>

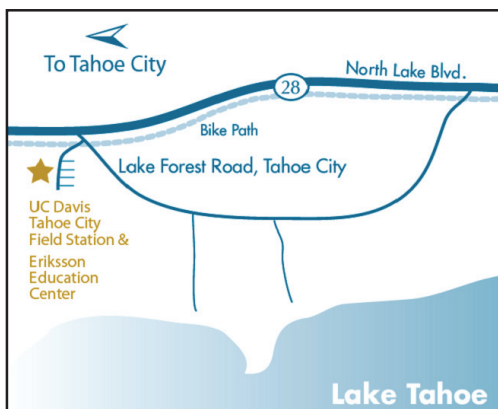
or contact Bree Lewis  
[blewis@ucdavis.edu](mailto:blewis@ucdavis.edu)  
(775) 881-7560 ext. 7483

**Alternative Evening Session:**

**Where: Truckee Demonstration Garden**  
**located in the Truckee Regional Park**

**When: August 3, 2016**

**Time: 5:30 p.m.**



The Tahoe Environmental Research Center (TERC) is a global research leader providing the science for restoring and sustaining Lake Tahoe and other treasured lakes worldwide. TERC educates the next generation of leaders and inspires environmental stewardship.

The Tahoe City Demonstration Garden and historic hatchery building is open 7 days a week, 8am-6pm from Memorial Day through Labor Day for self-guided tours (Saturdays, 10am-2pm) for docent-led tours). This 3-acre garden focuses on encouraging native plant gardening and utilizing citizen science to monitor a plant's response to changes in climate.