

The Science of Gratitude

Integrating Evolutionary, Neurobiological, and Psychological Perspectives

Research on the science of gratitude continues to accelerate rapidly. However, questions still remain: What are the functions of gratitude in the economy of human social behavior? What mechanisms are involved in the expression and detection of gratitude? Experiments and recent neuroimaging studies offer important clues as to why gratitude matters, how it works, and how we can collectively capitalize on its promise and potential.

COMMUNITY PRESENTATION

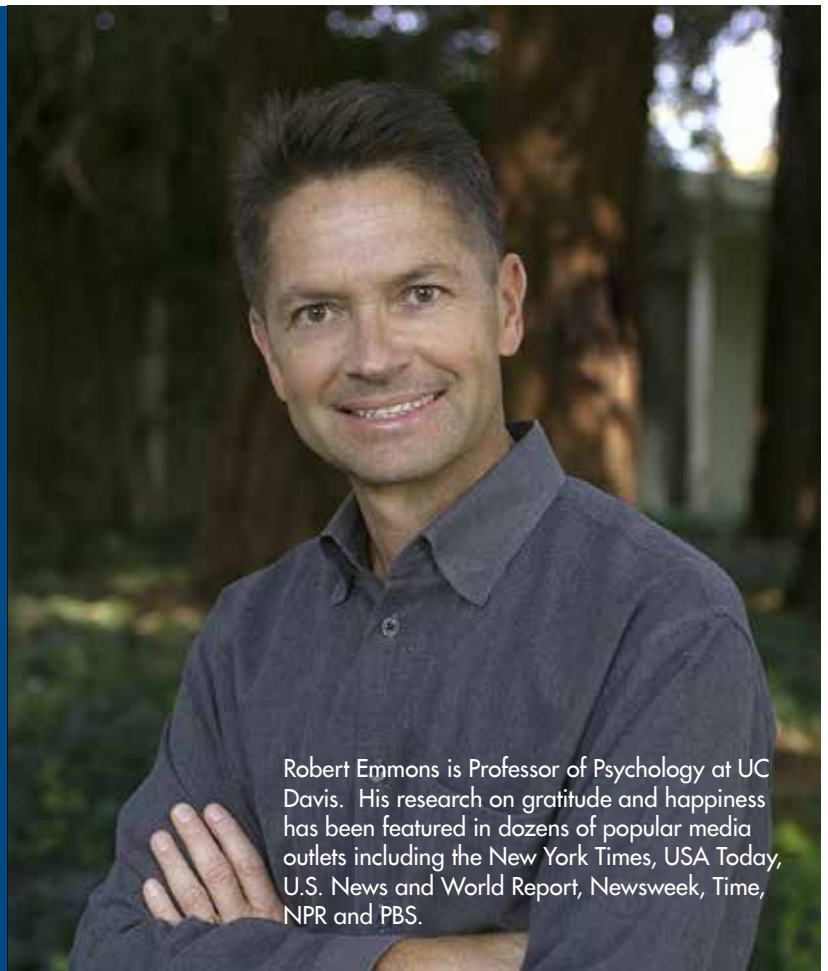
Sept.
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5:30 – 7 p.m.

Tahoe Center for Environmental
Sciences, 291 Country Club Dr.,
Incline Village, Nevada

\$5 suggested donation,
refreshments and no-host bar 5:30
p.m., presentation begins at 6 p.m.

Please register for early seating at
<http://terc.ucdavis.edu/events/>



Robert Emmons is Professor of Psychology at UC Davis. His research on gratitude and happiness has been featured in dozens of popular media outlets including the New York Times, USA Today, U.S. News and World Report, Newsweek, Time, NPR and PBS.



Brought to you by the Mental Health in the Mountains educational series. Partners include: Community Collaborative of Tahoe Truckee, Family Resource Center of Truckee, North Tahoe Family Resource Center, Sierra College, Tahoe Forest Health System's Wellness Neighborhood, Tahoe Truckee Unified School District, UC Davis Tahoe Environmental Research Center, and Youth Suicide Prevention Coalition.